

Why Middle School Matters

Which house do you want?



Live on street



Straw Hut



Rundown house



Nice house

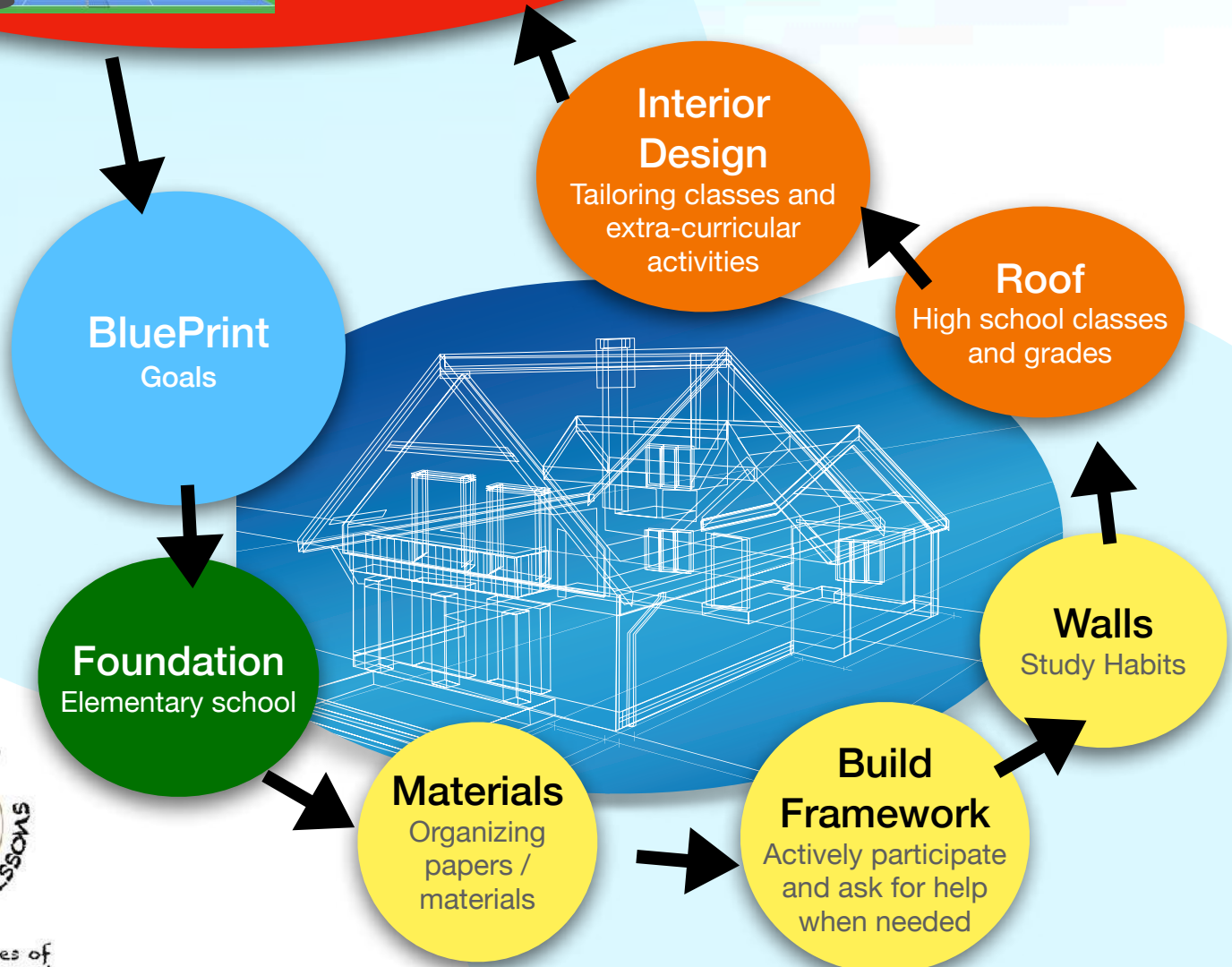


Your dream house

WHAT DOES SCHOOL HAVE TO DO WITH BUILDING A HOUSE?



BUILDING MY DREAM HOUSE!



w/ the Adventures of Rusty the Greyhound

What house do you want to BUILD?

Circle which one you want.



Live on street



Straw Hut



Rundown house



Nice house



Your dream house

Create the blueprint and build your dream home.

Parts of your house (check one or more from each category)

Location:

- Desired neighborhood or city.
- Proximity to essential amenities (schools, hospitals, grocery stores).
- Environmental factors (scenic views, climate)

Architectural Style:

- Preferred architectural design (modern, traditional, contemporary).
- Number of floors and layout.

Rooms and Spaces:

- Number of bedrooms and bathrooms.
- Specialized rooms (home office, gym, library).
- Open-concept or defined spaces.

Kitchen Design:

- Layout (island, galley, L-shaped).
- Appliances and features (high-end, specific brands).

Outdoor Spaces:

- Garden, backyard, or patio.
- Swimming pool, if desired.
- Outdoor entertainment areas.

Technological Features:

- Smart home technology (security systems, thermostat, lighting).
- Home automation and connectivity.

Energy Efficiency:

- Sustainable materials.
- Energy-efficient appliances.
- Solar panels or other renewable energy sources.

Storage Solutions:

- Ample closet space.
- Built-in storage units.
- Attic or basement storage.

Aesthetics and Finishes:

- Flooring materials (hardwood, tiles, carpet).
- Wall finishes and colors.
- Interior design elements.

Safety and Security:

- Advanced security systems.
- Fire safety measures.
- Emergency exits.

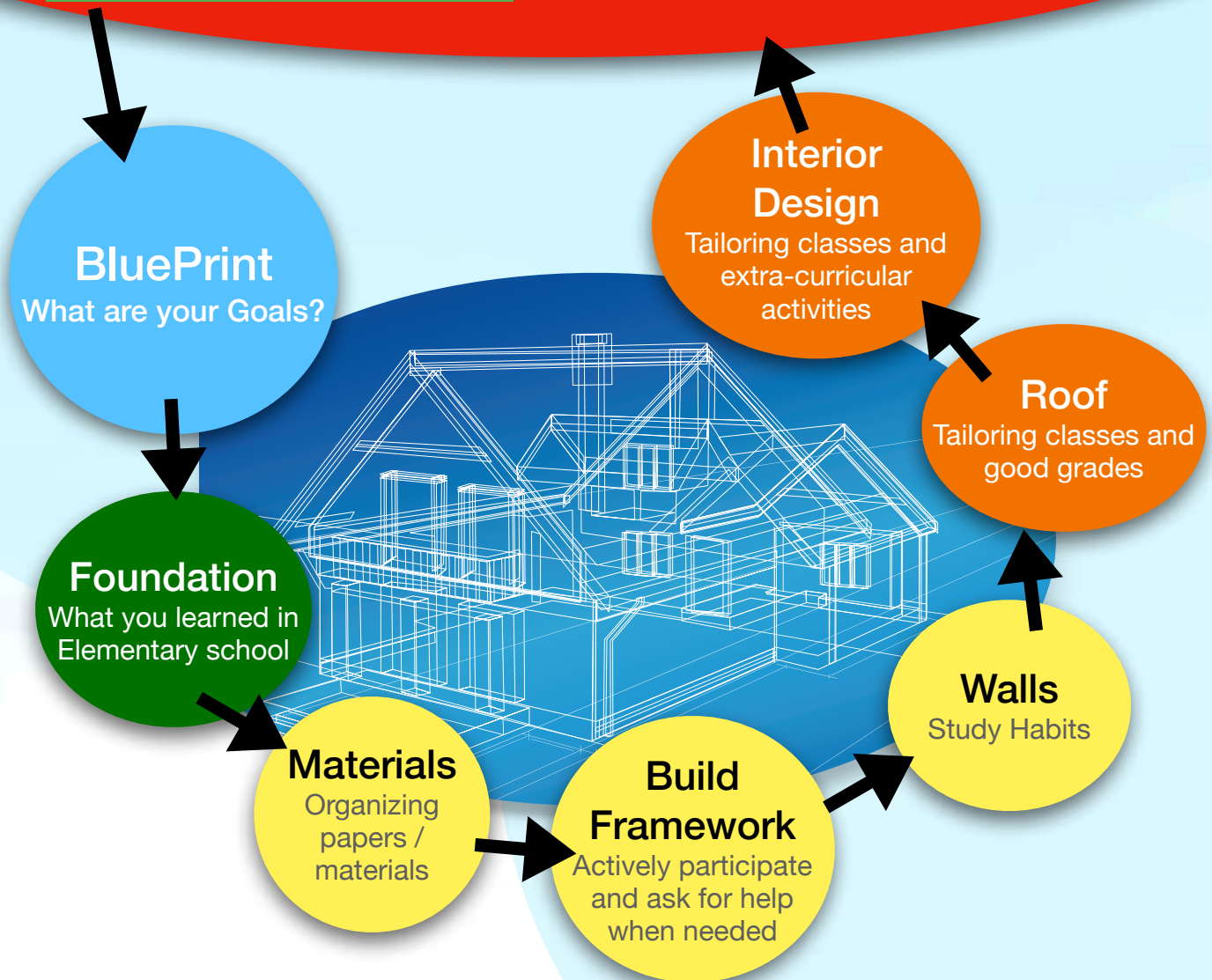
Personalization and Unique Features:

- Personal touches that make the home unique.
- Custom features that align with personal preferences.

Why does school help me build my house?



Without learning each step
you will never build your
DREAM HOUSE!



Why Middle School Matters

Required materials: when you can't find your materials you won't learn as much as you should. Its like trying to hang a picture without having nails or hooks. It will just fall off the wall.

Actively participating in class builds the frame to your house: You learn more when you take chances, participate in discussions, copy notes, and ask questions or for help.

Study Habits are your Walls: Without acquiring proper study skills in middle school, you risk being unable to complete your educational structure, and your hard work may be ruined.

GOAL SETTING

Jimmy is in 7th grade and wants to open a business when he gets older. Unfortunately he is very disorganized and can never remember to put his papers back in the folders where they belong. This is hurting his grades because he can't complete his work. The following are Jimmy's goals

Step 1 - Dream Big: Imagine your ultimate goal.
What's something you really want to realistically achieve?

Improve my grades so I have the knowledge to open my business.

Step 2 - What is stopping you from achieving your dream?

I'm very disorganized. Can never find things I need.

Step 3 - Break it Down: How can you break that big goal into smaller, manageable steps? These are like mini-adventures on your journey.

Organize papers (focus on this one)	Actively participate in class.
Develop study skills	Get to class on time everyday.

Step 4 - Make Them SMART: Take each mini-goal and make it SMART.

Specific, Measurable, Achievable, Relevant, and Time-Bound

Goal #	Specific Goal	Completed Date	Time to complete
1	Create and label folders, Put folders in class order.	11/16/23	10 Min.
2	Write down assignments as soon as they are given in a planner.	Immediate	30 Sec.
3	After each class put papers back in folders.	Immediate	30 Sec.
4	Stay organized to complete assignments on time.		

Step 5 - WOOP It Up: Add some magic with WOOP (Wish, Outcome, Obstacle, Plan).

Outcome	Achieving this will lead to better grades and pave the way for his future business.
Obstacle	Forgetting to use the planner or neglecting the folder system might get in the way.
Plan	Overcome obstacles by setting daily reminders to check the planner and create a designated time to organize folders after each class.
Rewards	Ask for a little extra screen time on the weekend.

Step 6 - Write down your final goal!

Stay organized by writing down homework in planner and putting papers away to complete assignments on time.

LETS SET A GOAL

Choose a goal you'd like to achieve, follow the steps, and write it down. Share your goal with a teacher, friend, or family member, and don't forget to celebrate the small victories along the way!

Step 1 - Dream Big: Imagine your ultimate goal.

What's something you really want to realistically achieve?

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Step 2 - What is stopping you from achieving your goal?

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Step 3 - Break it Down: How can you break that big goal into smaller, manageable steps? These are like mini-adventures on your journey.

Step 4 - Make Them SMART: Take each mini-goal and make it SMART.

Specific, Measurable, Achievable, Relevant, and Time-Bound

Goal #	Specific Goal	When will it be complete	Time to complete

Step 5 - WOOP It Up: Add some magic with WOOP (Wish, Outcome, Obstacle, Plan).

Outcome	
Obstacle	
Plan	
Rewards	

Step 6 - Write down your final goal!

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BUILDING MY DREAM HOUSE!

Our guide on the significance of middle school can benefit students of all ages, extending up to high school. Explore our store on Teacher Pay Teachers for a range of completed products designed to assist students facing challenges in executive functioning.

There are several key components of executive functioning:

- Working Memory
- Response Inhibition
- Time Management
- Planning and Organization
- Emotional Control
- Direct Behavior
- Metacognition
- Sustained Attention.

You can find all of our products at: Teachers Pay Teachers

Stay tuned for the upcoming release of part two of this mini lesson, featuring additional short-term activities aimed at reinforcing the importance of the skills acquired during middle school.